

# THYROID SCREENING GUIDELINES

Washington State Clinical Laboratory Advisory Council

## FOR EDUCATIONAL PURPOSES ONLY

The individual clinician is in the best position to determine which tests are most appropriate for a particular patient.

**NOTE:** If the following disease state(s) exist, it is recommended that the disease itself be treated and the patient returned to a stable ambulatory state before initiating screening:

**Neuropsychiatric disorder**  
**Pituitary Disease**  
 (Ablation, Surgery, Tumor)  
**Terminally ill patients**  
**High Dose Steroids & Dopamine**

## References:

1. Klee GG, Hay ID. BioChemical Thyroid Function Testing. Mayo Clinic Procedures. 1994;69:469-470.
2. Surks MI, et al. American Thyroid Association Guide-lines For Use of Laboratory Tests in Thyroid Disorders. JAMA. 1990;263:1529-1532.
3. Klee GG, Hay ID. Role of Thyrotropin Measurements In The Diagnosis and Management of Thyroid Disease. Clinics In Laboratory Medicine. 1993;13:673-692.

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